



Course Prospectus Level 2 Beauty Therapy

Also available

- Level 3 Beauty Therapy
- Complementary Therapies
- Enter the Workplace Modules
- CPD Courses (updating skills)

see relevant prospectuses

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Introducing Acacia Beauty Academy

- Internationally Accredited Qualifications
- Fun and easy to learn courses
- No previous experience unless stated
- Pre attendance study packs (Received on Booking)
- Fast track training
- Flexible training
- Small classes
- Refresher & Continuing Professional Development classes available
- Individual attention from your tutor
- Sole tuition on request
- Peaceful location
- Free parking

Acacia Beauty Academy opened July 2009. Acacia runs friendly effective training courses and is an aid to anyone interested or working in the beauty and wellbeing industry.

Location In a peaceful and rural location on the outskirts of Lymington town between Bournemouth and Southampton cities. The training rooms are within a fully working salon. Ample and Free parking

Acacia Beauty Academy was established to satisfy a clearly identified need, after more than 35 years producing interesting and factual information for the established more traditional education sector and for individual clients who simply wished to take care of themselves.

Acacia Beauty Academy programmes were originally developed to support “traditional” college students on a group or one to one basis. The innovative Acacia Beauty Academy concept has been developed to use internet technology and combine ‘Smart Solutions’ to complement and enhance the more traditional and classic theory and practical teaching methods. Acacia provide the most comprehensive resource of knowledge and education to support clients, students, existing therapists and even professional therapy teachers, whether looking for a new career in the beauty industry, continuing their training for advancement in the industry or simply to care for themselves. All programmes start with a few theory packs which are completed before attending the practical classes via internet resources: This allows the ability to enjoy a fast track learning experience.



Acacia Beauty Academy work with their clients to develop the essential skills needed to help promote and maximise the safe and effective use of products and therapies to help make people feel great!

- Courses suitable for clients, students, therapist and teachers.
- A large variety of courses: newly developed with recognised certificates.
- Flexible training and fast tract qualifications to suit all personal schedules.
- Accredited **VTCT** centre (www.vtct.org.uk) meaning your certificates are recognised throughout the industry and insurance easier to obtain.
- Excellent rates on **1:1 training**. An ideal way to fit training into a busy schedule or for salons needing to train staff quickly and professionally. Never more than six students on training attendance days
- Provide '**Smart tutoring**', On-line training, **video, DVD & Podcast** to learn from directly or support each course or seminar.
- Refresher workshops for anyone wishing to renew their skills.
- Website with current timetable, course information, workshops and industry links. Some Treatment videos are also available to download to assist training.
- Free quarterly E-newsletter – latest industry news, course and workshop offers.
- Loyalty bonuses and discounts.
- ON booking you start your theory immediately, allowing valuable class time to be devoted to the practical. By previously achieving underpinning of knowledge therapy, the practical classes are successful and enjoyable
- Instalment plans available if required on request.
- Excellent industry contacts providing advice on hygiene, overalls and equipment.
- Excellent high quality product kits
- Opportunity to work in the salon free of charge enhancing your industrial competence.
- You will be required to complete case studies for each unit on friends and family, and student insurance is required.



LEVEL 2 Beauty Therapy Qualifications

**See Index for Single Therapy Units, Certificates and Diplomas
at Level 2**

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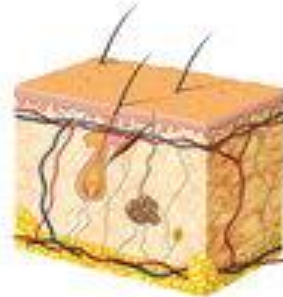
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Anatomy & Physiology

UV21294 Level 2 Unit

A knowledge based qualification which will provide you with a sound foundation and be used within your therapy course, to pursue a career as a Beauty Therapist working at Level 2 qualifications.



COURSE CONTENT

You will learn about the structure and function of

- Cells & Tissue
- Blood & Lymph
- Skin & Hair
- Skeleton & Joints
- Muscle & Nervous system
- Excretory & Endocrine systems
- Digestive & Respiratory systems

ENTRY REQUIREMENTS

No previous knowledge required although any Level 2 Beauty qualification will help with understanding. Please be advised that this is largely a home study/self-assessment course.

DURATION

Preparatory theory work packs – home study

2 days direct tuition or on line support for this course

1 day tests and discussion

Sitting Exam when confident, 1-2 hours

* see Level 3 Prospectus for Level 3 Anatomy, Physiology and Pathology



Level 2 Certificate Beauty Specialist Techniques AB201378

The Level 2 Certificate in Beauty Specialist Techniques is a qualification that has been specifically designed to develop your practical skills in; how to provide eyelash and brow treatments, applying makeup and skin care.

To further your skills you have the opportunity to choose from more units to cover at least seven units. The purpose of this qualification is to develop your skills in beauty therapy to a high level of occupational ability, to enable you to perform your own salon services. To enable you to progress to a Level 3 Electrical Therapy unit in the same Therapy.

The products and equipment kit can be purchased on day 1 of your training or as you work through each unit.

The units listed below will make up the full Certificate. You will be required to complete case studies for each unit on friends and family, and student insurance is required.

Practical

Facial massage and skincare, Lash & Brow treatments, Eyelash perming, Manicure, Customer service and retail, Professional development, Cosmetic make up, Health and safety practice in the salon

Theory

Health, safety, security and supporting employment standards implement good working relationships with colleagues and clients; Supporting Anatomy and physiology; Consultations; record keeping; medical referral; Contra-indications - contra-actions; Case study development.

If you have already gained qualification in any of the units listed, within the last two years, this knowledge can be accredited, meaning that you may not need to repeat the qualification or parts of the course

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 14 days attendance for Practical tuition include exam papers

Up to 5 days attendance for assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain experience



Level 2 Diploma Advanced Beauty Specialist Techniques AB20086

The level 2 Diploma in Beauty Specialist Techniques is a qualification that has been specifically designed to develop your practical skills in; how to provide eyelash and brow treatments, removing hair using waxing techniques, applying makeup, facial skin care, and manicure and pedicure treatments.

To further your skills you have the opportunity to choose a further 2 more units. The purpose of this qualification is to develop your skills in beauty therapy to a high level of occupational ability, to enable you to perform your own salon services

The products and equipment kit can be purchased on day 1 of your training or as you work through each unit.

The units listed make up the full Diploma. You will be required to complete case studies for each unit on friends and family, and student insurance is required.

Underpinning this qualification you will develop a sound knowledge of health and safety practice in the salon environment, how to contribute to the effective salon reception duties and display retail stock to promote in the salon. You will also develop a knowledge and understanding of the practical skills learned throughout this qualification

Practical

Health and Safety, Facial massage and skincare, Lash & Brow treatments, Eyelash perming, Manicure, Pedicure, Waxing, Customer service and retail, Display and promote, Professional development, Cosmetic make up plus another choice of 5 optional unit therapies

Theory

Diploma in health, safety, security and supporting employment standards implement good working relationships with colleagues and clients. Supporting; Anatomy and Physiology, Consultations, record keeping and medical referral, Contra-indications - contra-actions, Case study development.

If you have already gained qualification in any of the units listed, within the last two years, this knowledge can be accredited, meaning that you may not need to repeat the qualification or parts of the course

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 29 days attendance for Practical tuition include exam papers

Up to 8 days attendance for assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain experience



Client care and communication in beauty related- industries UV20453

This unit along with a level 2 Health and safety unit UV20483 will upgrade a level 2 unit therapy to a full qualification certificate or diploma. Previously VTCT these were pre requisite units now it is through personal choice to upgrade your qualifications

Course content

- Good communication skills (asking open and/or closed questions where appropriate)
- Verbal and non-verbal communication
- Good listening skills
- Professionalism, confidence and enthusiasm
- Positive body language and maintenance of eye contact
- Show respect, being aware of interpersonal space

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Attendance for assessments is taken alongside the therapy treatment assessments

1 day usually allocated within a full Certificate or Diploma



Level 2 Ear Piercing UV20439 Unit

*Available as CPD see specific prospectus

A VTCT award in ear piercing is a qualification that has been specifically designed to develop your practical skills in how to provide ear piercing to high level of occupational skills, to enable you to perform your own services

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Preparation for clients, equipment and room
- Contra-indications & contra-actions
- Consultations, record keeping & treatment planning
- Ear piercing
- Aftercare advice

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 1 day attendance for Practical tuition include exam papers

Up to 2 days attendance for assessments



Eyelash & Brow Treatments Level 2 Unit UV20419

A qualification that has been specifically designed to develop your practical skills to a high level of occupational ability: to enable you to provide shaping and colouring treatments for eyelashes and eyebrows. You will learn how to maintain the original eyebrow shape or change the shape of the eyebrow if desired. You will also learn about different colour characteristics and chemical process of tinting. An extremely popular treatment: enabling therapists to attain regular clients. Tinting is ideal for all hair colours and especially pre-holiday time. Eyebrow shapes can make such a difference to appearance and clients really appreciate guidance. An absolute must to therapy portfolios.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Preparation for clients, equipment and room
- Contra-indications & contra-actions
- Consultations, record keeping & treatment planning
- Allergy, patch testing
- Eyelash & brow tinting
- Eyebrow shaping to suit face shapes
- Aftercare advice

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 3 days attendance for Practical tuition include exam papers

Up to 2 days attendance for assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain valuable experience



Eyelash Perming & Lifting Unit

Level 2 Unit UV20473

A qualification to develop your skills in beauty to a higher level of occupational ability, to enable you to perform your own salon services: how to provide eyelash perming & lifting. An excellent and popular treatment: that adds curl & lift to the lashes making eyes appear larger and reducing the need for mascara. This qualification provides increased revenue as clients request this treatment regularly. It is superb for clients with straight lashes and reduces the need for eyelash curlers and lots of mascara.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Preparation for clients, equipment and room
- Patch Testing
- Consultations, record keeping & treatment planning
- Product knowledge
- Practical procedures
- Contra actions
- Aftercare advice
- Case studies

ENTRY REQUIREMENTS

For CPD a Previous qualification in Eye treatments, tinting and shaping is required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 2 days attendance for Practical tuition include test

For VTCT accreditation: Up to 2 days attendance for assessments + exam papers

registration if required

PRODUCTS and KITS

During the practical tuition you will be required to do treatments.

Please bring your own kits or a charge will be applied for use of the academy products at a rate of (... ask) per perm & lift treatment when used by the learner.

Kits can be purchased for the learners by the Academy, prior to learning, please ask for details.



Facial Massage & Skin Care Level 2 Unit UV20398

This course provides you with the skills to offer a marketable facial treatment to clients. Facials are no longer considered a luxury too many people and care of the skin has become more important over the last few years. This course covers advanced techniques and treatments such as specialist masks, steaming, paraffin wax oil plus extraction. The purpose of this qualification is to develop your skills in beauty therapy to a high level of occupational ability, to enable you to perform your own salon services.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Preparation for clients, equipment and room
- Contra-indications and contra-actions
- Consultations, record keeping and medical referral
- Skin analysis and types, benefits and effects
- Cleansing, toning & moisturising
- Steam & hot towel application
- Mask applications
- Massage to the face & neck
- Aftercare advice
- Case studies

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 3 days attendance for Practical tuition include exam papers

Up to 1 day attendance for assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain experience



Health and Safety for Salons AM20515 Level 2 unit

Applicable to the level you are studying Level 2. The unit is compulsory to achieve all/any full VTCT qualification, rather than individual units. It covers key points in health and safety, specifically designed to raise awareness on health and safety legislation and regulation and how it impacts on the hair and beauty related industries. **This unit along with a level 2 Clinet care and communication in beauty related industries UV20453 will upgrade a Level 2 unit therapy to a full qualification, Certificate or Diploma. Previously VTCT these were pre requisite units now it is through personal choice to upgrade your qualifications**

COURSE CONTENT

- The safe use of machinery and equipment
- The safe use of materials and substances
- Safe working practices
- Safe working Policies
- Safe behaviour
- How to deal with spillages and breakages
- Controlling Environmental factors in a safe manner
- Assessments

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

1.5 days Practical tuition include exam papers

Inclusive in therapy assessments



Make-up Techniques Level 2 Unit UV20437

The purpose of this qualification is to develop your skills in beauty therapy to a high level of occupational ability, to enable you to perform your own salon services in how to apply makeup. This course covers: Day, Evening, Specialised make-up. We are delighted to use the mii cosmetic range, which is even suitable for sensitive and all skin types. You will develop an underpinning knowledge and understanding of the practical skills learned throughout this qualification.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Preparation for clients, equipment and room
- Consultations
- Contra-indications & contra-actions
- Skin analysis, face shapes and skin tones
- Cleansing, toning and moisturising
- Product Knowledge
- Make up application to light and dark skin tones
- Day Evening and Specialised makeup application
- Application of temporary individual and strip lashes
- Aftercare advice

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 5 days attendance for Practical tuition include exam papers

2 days attendance for assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain valuable experience



Manicure UV20470 Level 2 Unit

This course involves care and treatment to the hands enabling you to give a professional manicure. This qualification is excellent for those wishing to work on general clients, care clients, family and friends. The products used are designed to perform a, luxury spa manicure; Hot oil manicure; paraffin wax manicure. A two day manicure course is a compulsory progression route to nail technology.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Benefits & effects
- Contra-indications & contra-actions
- Consultation, record keeping and medical referral
- Preparation for clients, equipment and room
- Filing, cuticle work, varnishing and massage to hands & feet
- Luxury treatments
- Heat treatments
- Product Knowledge
- Aftercare advice Case Studies
- Case Studies

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 4 days attendance for Practical tuition include exam papers

Attendance 2 days for assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain valuable experience



Combined Manicure UV20470 & Pedicure UV20471 Level 2



This course involves care and treatment to the feet and hands enabling you to give a professional manicure and pedicure. This qualification is excellent for those wishing to work on general clients, care clients, family and friends. The products used are designed to perform a, luxury spa manicure and pedicure; Hot oil manicure; paraffin wax manicure and pedicure. A two day manicure course is a compulsory progression route to nail technology.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Benefits & effects
- Contra-indications & contra-actions
- Consultation, record keeping and medical referral
- Preparation for clients, equipment and room
- Filing, cuticle work, varnishing and massage to hands & feet
- Luxury treatments
- Heat treatments
- Product Knowledge
- Aftercare advice
- Case Studies

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 6 days attendance for Practical tuition include exam papers

Attendance 3 days assessments

You have an option to spend time working in the salon or at a “Pamper Day” to gain valuable experience



Pedicure UV20471 Level 2 unit

This course involves care and treatment to the feet enabling you to give a professional pedicure. This qualification is excellent for those wishing to work on general clients, care clients, family and friends. The products used are designed to perform a, luxury spa pedicure; paraffin wax pedicure. y.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Benefits & effects
- Contra-indications & contra-actions
- Consultation, record keeping and medical referral
- Preparation for clients, equipment and room
- Filing, cuticle work, varnishing and massage to feet
- Luxury treatments
- Heat treatments
- Product Knowledge
- Aftercare advice
- Case Studies

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 4 days attendance for Practical tuition include exam papers

2 days attendance for assessments

You have an option to spend ½ day working in the salon or at a “Pamper Day”



Award in Salon Reception Duties AM20050 Level 2

You must supply performance evidence in the workplace to prove that you have offered additional products and services to clients over a period of time with different clients and on different occasions. This unit is compulsory to achieve all/any VTCT units for full diplomas and certificates. Includes three parts reception duties promote sales and services plus display of stock

COURSE CONTENT

Theory and practical performance to show
Additional products and services
Use of services, which are new to your client
Promotion of more of the same use of products or services
Products or services outside your salon
Offered by other sections
Products and services you have not supplied before
Product and service
By agreed salon procedures
Creating your own opportunity
Seeking and developing information from client comments

DURATION

Up to 5 days attendance in salon
3 assessment sessions in the salon



Waxing UV20418 Level 2 Unit

Waxing is still one of the most popular methods of hair removal. This qualification will enable you to establish a regular client base: Excellent for those wishing to build on their occupational skills.

You will learn 3 systems, pot & spatula and Cartridge providing you with cost efficient methods.

An 'advanced waxing' course is also available for therapists who hold a depilation certificate. This covers advanced techniques e.g. Brazilian, Hollywood etc.

COURSE CONTENT

- Health, safety and hygiene, related to treatment
- Related anatomy & physiology
- Preparation for clients, equipment and room
- Consultations
- Contra-indications & contra-actions
- Hair growth and types
- Alternative methods of depilation (hair removal)
- Benefits, treatment planning and aftercare
- Practical techniques to use on face and body
- Hot, warm and cartridge methods
- Case studies
- Aftercare

ENTRY REQUIREMENTS

No previous knowledge required.

Work packs completed before practical tuition attendance

DURATION

Preparatory theory work packs – home study

Up to 5 days attendance for Practical tuition include exam papers

Attendance 2 days for assessments

You have an option to spend time working in the salon or at a "Pamper Day" to gain valuable experience.