



**Prospectus**  
Short courses  
and  
Continual Professional Development Courses

***Other Prospectus available :-***

[Level 2 Prospectus](#)

[Level 3 Prospectus](#)

Acacia Beauty Academy, The Granary Annex, Newlands Manor Farm,  
Everton, Lymington, Hampshire SO41 0JH

Rural location with Free Parking

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View the entrance to the Granary and follow the signs for the New Forest  
Water Gardens

[Click Here for DIRECTIONS](#)



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Please note that all courses within the Level 2 and Level 3 Prospectuses can be modified to allow as CPD or refresher classes.

Please phone to discuss details 01590 645547

### **Introducing Acacia Beauty Academy**

- Internationally Accredited Qualifications
- Fun and easy to learn courses
- No previous experience unless stated
- Pre attendance study packs
- Fast track training
- Flexible training
- Small classes
- Refresher & CPD classes available
- Individual attention from your tutor
- Sole tuition on request
- Peaceful location
- Free parking

**Acacia Beauty Academy** opened July 2009. Acacia runs friendly effective training courses and is an aid to anyone interested or working in the beauty and wellbeing industry.



**Location In** a peaceful and rural location on the outskirts of Lymington town between Bournemouth and Southampton cities. The training rooms are within a fully working salon. Ample and Free parking

**Acacia Beauty Academy** was established to satisfy a clearly identified need, after more than 25 years producing interesting and factual information for the established more traditional education sector and for individual clients who simply wished to take care of themselves.

## **Continuing Professional Development CPD**

**Continuing professional development (CPD) or continuing professional education (CPE)** is the means by which people maintain their knowledge and skills related to their professional lives.

All courses in the Acacia Course Training List (index) can be taken as continuing professional development CPD provided the learner has already qualified with a therapy at the related level thus saving time and money for the professional therapist and qualifying annual CPD update for insurance purposes

The Most Popular CPD courses at Acacia -Bridal Makeup/ Hopi / Ear Piercing Hot stones / Thai Foot and leg massage / Eyelash perming / Advanced Facial Massage Techniques / Gel Nails / Tanning.

## **Airbrush Tanning Course**

This course will teach you to create the perfect spray tan and gives your clients a gorgeous flawless glowing tan. The course meets the current demands for a safe and durable tan using a low odour, quick drying tan that is easy to apply. An excellent opportunity to increase your client base or for home use. A centre certificate will be issued. Information is available on purchasing a tanning system.

### **COURSE CONTENT**

Health, safety and hygiene, related to treatment; Preparation for clients, equipment and room; Consultations; Contra-indications & contra-actions; Skin preparation; Allergy & patch testing; Practical Tanning application; Aftercare advice

**ENTRY REQUIREMENTS** 1 or more Beauty Therapy or Holistic Qualification

**DURATION** ½ day

**COST £95 Inc. VAT**



## Bridal Make-up Techniques

This course covers Bridal Makeup, Mother of the bride makeup and Bridesmaid makeup. We are delighted to use the mii cosmetic range, which is plant and mineral based and even suitable sensitive all skins. An important business opportunity: to generate an increased income of revenue. A centre certificate will be issued.

### **COURSE CONTENT**

Health, safety and hygiene, related to treatment; Consultations; Theory of colour: Cool and warm makeup; Preparation for clients, equipment and room; Cleansing, toning and moisturising; Product Knowledge; Make up applications; Makeup techniques for a variety of Face, Eye and lip shapes; Contra-indications & contra-actions; Aftercare advice; Case studies

No written exams, certificate given on the completion 2 case studies and a successful practical assessment with your tutor.

**ENTRY REQUIREMENTS** Basic Makeup qualification

**DURATION** 2 days

Course **COST £299 Inc. VAT**



## Ear Piercing

This course gives you a detailed account of the products used and how to pierce an ear, a complete and thorough demonstration of the ear piercing process is given and then students will practice piercing of the lobe under close inspection. This is a qualification that has been specifically designed to develop your practical skills in how to provide ear piercing to high level of occupational skills, to enable you to perform your own services

### **COURSE CONTENT**

Health, safety and hygiene, related to treatment; Related anatomy & physiology; Preparation for clients; Consultations; Record keeping; Choice and treatment planning; Use of equipment; Contra-indications & contra-actions; Practical Ear piercing; Aftercare advice

### **ENTRY REQUIREMENTS**

None

### **DURATION**

½ day attendance for Practical & Theory tuition

Inverness exam paper

**COST** Continuing Professional Development

**COURSE COST £75 Inc. VAT**



## Eyelash Perming & Lifting

This course allows you to develop your skills in beauty to a higher level of occupational ability, to enable you to perform your own salon services: how to provide eyelash perming & lifting. An excellent and popular treatment: that adds curl & lift to the lashes making eyes appear larger and reducing the need for mascara. This qualification provides increased revenue as clients request this treatment regularly. It is superb for clients with straight lashes and reduces the need for eyelash curlers and lots of mascara.

### **COURSE CONTENT**

Health, safety and hygiene, related to treatment; Related anatomy & physiology; Preparation for clients, equipment and room; Patch Testing; Consultations, record keeping & treatment planning; Product knowledge; Practical procedures; Contra actions; Aftercare advice; Case studies

### **ENTRY REQUIREMENTS**

For CPD a Previous qualification in Eye treatments, tinting and shaping is required.

### **PRODUCTS and KITS**

During the practical tuition you will be required to do treatments.

Please bring your own kits or a charge will be applied for use of the academy products at an agreed rate per perm & lift treatment when used by the learner.

Kits can be purchased for the learners by the Academy, prior to learning, please ask for details.

### **DURATION**

Up to 1 day attendance for Practical tuition include test Course **COST: £95** Inc. VAT (+ Product as required)

## Soft Gel Nail Polish Course



Attend this gel polish training workshop and say goodbye to manicures that take hours. Learn how to increase your business with the latest trend – 30 Second Gel Polish. Hello to luxury at your fingertips - polish that stays so perfect it's like a luxury manicure every day.

**Requirments** Suitable as an extension to a manicure qualification or prior to study.

**Duration** ½ day

Course **COST £85** Inc. VAT



## Hot & Cold Stone Massage



A one day certified training course, deep tissue techniques which covers the full body and face. Our Hot and Cold Stone Massage Course offers massage techniques that go back many thousands of years.

This therapy has become one of the most popular over the last ten years. Working in harmony with massage, this hot and cold stone massage technique places the stones on the client's body and also in the therapist's hands.

If you are worried about having to have a hot stone heater with you and you are a mobile therapist, this is no longer an issue anymore as there are portable bag heaters now which do not use water to heat the stones and the tutor will cover this on the day of your training.

### **ENTRY REQUIREMENTS**

Massage Qualification

### **DURATION**

1 Day practical and theory

**COST £150 Inc. VAT**

## Indian Head Massage

This course is specifically designed to develop your practical skills in how to provide the relaxing and stress relieving treatment of Indian Head massage.

You will develop a knowledge and understanding of the practical skills learned throughout this qualification, such as anatomy and physiology.



The purpose of this qualification is to develop your skills in providing Indian head massage treatments to a high level of occupational ability, to enable you to provide your own services for clients.

### **ENTRY REQUIREMENTS**

This CPD course requires you to have a qualification in the Beauty or Complementary Industry, As a new starter see Prospectus Level 3 for UNIT

### **DURATION**

**Up to 3 day** Practical attendance to include tests      **Course COST £295 Inc. VAT**



## Thermal Auricular Therapy

This popular treatment involves the use of ear candles which can help with symptoms of sinusitis, tinnitus, ringing in the ears, congestion, and many other conditions affecting the ear, nose and throat. The client often experiences a deep feeling of relaxation. An excellent addition to your therapy qualifications.



### **COURSE CONTENT**

Related anatomy & physiology, related to treatment; History of candles; Benefits & effects; Contra-indications and contra-actions; Consultations, record keeping and medical referral; Preparation for clients, equipment and room; Healthy, safety & hygiene, related to treatment; Practical technique including ear and facial massage; Aftercare advice; Case Studies

### **ENTRY REQUIREMENTS**

As A CPD course any other qualification within the industry will be required. Please contact Acacia for details

### **DURATION**

Up to 2 day Practical & Theory

**COST £275** Inc. VAT

## Thai Foot and Leg Massage Techniques

This course is based on the Traditional Thai foot massage using Thai foot sticks to stimulate reflex points and includes a therapeutic massage to the legs and feet. The Thai foot massage is a popular choice for therapists, reflexologists and complete beginners.

This traditional technique dates back over 2000 years and is still practiced by Buddhist monks today.

Elements of the course include working on 'Sen' lines from the Ayurvedic tradition, these reflex points are stimulated using the stick, and the course also includes foot wrapping techniques.

This is an insurable course allowing you to use this therapy with the general public and charge for it.

5 case studies are required - no written exams, certificate given on the completion 5 case studies and a successful practical assessment with your tutor.

**ENTRY REQUIREMENTS** CPD 1 qualification in Beauty or Complementary Therapy.

Ask for more information for training if you are a complete beginner

**DURATION** 2 days.

**COST £395** Inc. VAT